

## CV

Ilka Fanni Szilagy  
www.ilka-fanni.com

### Education:

High School Budapest, Hungary

Moving On Center school for participatory arts and Somatic research for social change, Oakland, CA 2003-2006

Certified Massage therapy 2003

Somatic Movement Therapy 2003-2006

Developmental Movement Therapy 2005-2006

Dance, Authentic Movement 1998-present

Non-Violent Communication 1998-present

Inter-Change Radical Counseling year long training 2008-2009

EFT level 1 practitioner with Victor Lee Lewis - Radical Resilience Institute 2011

Birth Doula Training 2011

Lactation training 2011

Passion for Birth- childbirth Educator training 2011

Spinning Babies- workshop 2012

Rebozo workshop with Gena Kirby 2013

Heart and Hands midwifery Intensives (beginner and Advanced) 2013

Heart and Hand doula certificate 2013

Certified Rebozo Teacher Training with Gena Kirby 2014

The Conscious Newborn: Practical Applications of Pre & Perinatal Psychology for Birth and Bonding training 2015

Spinning Babies- workshop 2017

CPR certification 2018

Spinning Babies Parent Educator Training 2018

NRP Karen Strange online course 2020

NRP – AAP NRP provider card 2020

Current: Student midwife at The National Midwifery Institute

### Positions:

Horse riding and training

Baby sitter/ Nanny

Dance teacher

Authentic movement teacher

Massage therapist at the Mindful Body, San Francisco

Somatic and Developmental Movement Therapist

Working as a Birth and postpartum doula since 2011,

Private childbirth education classes

Volunteer at the Sacred Birth place birth center in Oakland

Volunteer at Pacifica Maternity Birth Center in Berkeley

Speaker organizer for the Doulas of the Eastbay organization

Spinning Babies Parent Educator

Placenta Encapsulation specialist,

Rebozo instructor

Student at National Midwifery Institute